

UK International Taekwon-Do Federation

TKD Centre, 1st Floor, 192 High Street, Yiewsley
Middlesex UB7 7BE ENGLAND
Tel: 0044 1895 459947 • Fax: 0044 1895 430257
Email: email@tkd.co.uk • Website: www.tkd.co.uk



UK ITF National Training Day and Awards Evening 2018

UK ITF / I ITF will be hosting a National Training day led by Trevor Nicholls and guest instructors on **Saturday 24th November 2018**. Training will take place at Heathrow/Windsor Marriott Hotel, Ditton Rd, Slough SL3 8PT, followed by the awards evening at the same location.

Training is open to 4th Kup and above, 12 years and over. The training session will cover pad drills, sparring, self defence and technique review.

We would also like to invite regions and member organisations to present any specific awards to their students on this evening.

UK ITF will be presenting the awards listed below. We ask that regions send in their nominations for the awards listed. The UK ITF Development committee will then select a winner from the nominations that have been received.

- Contribution to Taekwon-Do
- Student of the year
- Competitor of the year
- Most Improved
- Competitors Competitor
- Umpire of the year
- Coach of the year
- Region of the year

Also, service awards for 10, 20 and 30 years of active and consistent participation.

Schedule	Price	Dress Code
Training Club Instructor Training (Designated Club Instructor) 9.30am – 11.00am Training for all 11.30 – 15:00	£30.00	Full Dobok (Please also bring along sparring equipment)
Reception Drinks 18:45 – 19:30		
Banquet 19:30 – Midnight	£55.00 – Adults £20.00 – Under 14's	Black Tie, Ladies Long

Room Rates: [Book your group rate for UKITF Award Dinner – Book by Friday 12th October](#)

Single Occupancy	£90.00 (Inc bed and breakfast)
Double Occupancy	£100.00 (Inc bed and breakfast)
Family Room (2 Adults & 1 Child)	£110.00 (Inc bed and breakfast)
Family Room (2 Adults & 2 Children)	£120.00 (Inc bed and breakfast)

Please email marcela.siklenkova@marriotthotels.com to book a family room.



Registered Offices: Swatton Barn, Badbury, Swindon, Wiltshire, SN4 0EU
Company Registration No: 07402616



Dinner Menu:

Please choose one option from Starter and Main

Adults

Starter

Option 1: Pressed Ham Hock Terrine with Watercress and Piccalilli

Option 2: Truffle scented Mushroom and Tarragon Soup – [V]

Option 3: Chicken Liver Parfait, Dressed Leaves, Toasted Brioche

Main Course

Option 1: Chicken Supreme, Roasted vegetables, Fondant Potato, Mushroom Sauce

Option 2: Slow cooked Beef, Horseradish Potato, Roasted Root Vegetable, rosemary Sauce

Option 3: Baby Spinach and Mascarpone Risotto, Rocket salad – [V]

Dessert

Glazed Lemon Tart, Vanilla Cream, Blueberry Compote, Strawberry

Under 14's

Starter

Option 1: Tomato Soup

Option 2: Garlic Bread

Main Course

Option 1: Tomato Pasta

Option 2: Chicken Supreme, Roasted vegetables, Fondant Potato

Option 3: Slow cooked Beef, Horseradish Potato, Roasted Root Vegetable

Dessert

Option 1: Chocolate Mousse

Please complete the booking form and return to head office. Payment can be made via the online shop.



UK ITF Training Day & Awards Dinner						
Club Contact Details						
Name						
Contact Number						
Email Address						
Training Day £30.00 per person						
	Name	Age	Grade			
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
					Total	£
Banquet £55.00 – Adult Menu / £20.00 Under 14's Menu						
	Name	Adult / Child	Starter	Main	Dessert	
1.						
2						
3						
4						
5						
6						
7						
8						
9						
10						
					Total	£

Deadline for registration and payment: Wednesday 07th November 2018

TKD Centre, 1st Floor, 192 High Street, Yiewsley, Middlesex UB7 7BE England
Registered Offices: Swatton Barn, Badbury, Swindon, Wiltshire, SN4 0EU
Company Registration No: 07402616